

Suffolk Bereavement Support



SUFFOLK BEREAVEMENT SUPPORT (SBS)

'Easing loss through group support'

Recently bereaved or experiencing a delayed reaction to loss?

Are you in need of help and support?

**Why not consider joining a small focused group of 5-10
exploring bereavement issues?**

**Groups are led by an experienced facilitator creating a warm,
safe environment in which to share the many aspects of loss.**

**Groups are free and open to Suffolk residents able to attend a
venue in Hadleigh**

**New evening group starting early February
at a Capel St Mary venue**

**For more details or to reserve a place contact Patrick or
Margaret**

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